

COACH ACCREDITED*: TWO PLUS TWO DAYS WITH TELEPHONE COACHING AND ASSESSMENT

Coaching creates change by developing people

Overview

- A rigorous, competency-based programme of supported learning completed by an assessment of coaching skills

Two days of classroom learning are followed by skills integration over 8-12 weeks, e.g. managers:

- Choose three people they intend to coach - often existing team members
- Commit to a number of coaching style conversations
- Are supported via telephone coaching sessions by our experienced coaches
- Read *Brilliant Coaching*, and produce reflection notes
- Gather feedback from people they are coaching

The two day follow-up event consists of one day of review, additional learning and practice, followed by a skills assessment day. Our coaches provide further support on this programme, by performing final assessments and offering developmental feedback.

Who is it suitable for?

- Middle and senior managers
- Internal coaches and mentors
- HR professionals, consultants, advisors

What will they get from it?

Everything included on the two plus one day programme, plus:

- Support for the integration of coaching into their situation and role
- A personalised learning experience, i.e. *four* telephone coaching sessions
- Feedback from nominated colleagues on key competencies, e.g. ability to listen, ask challenging questions, give constructive feedback, etc.
- An assessment day led by an experienced coach to feedback on manager's ability and progress
- Review and revision of personal learning goals/personal development plan as a result of the programme

*This programme is accredited by Starr Consulting. For our externally (ILM) accredited programme, please see The Starr Certificate in Coaching for Managers.

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